

1ST AUSTRALIA AND NEW ZEALAND REFUGEE TRAUMA RECOVERY IN RESETTLEMENT CONFERENCE

29-31 MARCH 2017 | SYDNEY AUSTRALIA

—
**FACING THE
CHALLENGES**

Program



fasstt

The Forum of Australian Services
for Survivors of Torture and Trauma



INFORMATION

REGISTRATION

Registration will start from 8am on Wednesday, 29 March. Delegates are welcome to come at any time to pick up their name tag and program. Name tags should be worn at all times inside the conference venue as proof of registration.

WIFI ACCESS

Network: Wesley Conference Centre
or Wesley Conference Centre 1
Password: wesley!

ABSTRACTS FOR ORAL PAPERS

Go to www.refugeetraumaconf.org.au/abstracts/

BREAK TIMES

Complimentary morning and afternoon tea includes fruit, another snack, tea and coffee (no special diet requests). Lunch is not provided. There are many food courts close to the venue that sell affordable food quickly (Eg. The Galleries Victoria and Westfield Food Court under Myer). There is also a café inside the venue. Delegates are welcome to eat their lunch at the designated networking space tables in the middle of the Exhibition Hall (Smith Room).

START TIMES

We ask you to be in the room 5 minutes before the start time so sessions can start on time. We will ring a bell 10 minutes and again at 5 minutes before the end of the break.

CONFERENCE CONTENT DIFFICULTIES

A STARTTS counsellor will be on call for debriefing if you find any of the content difficult at any time.

STALLS AND STORES

Keep in mind that some stalls and stores will only be available on certain days of the conference and/or may run out of stock if you don't get in early.



WELCOME

Assisting recovery from the scars of torture and refugee trauma is a crucial component of successful refugee resettlement. **The 1st Australia and New Zealand Refugee Trauma Recovery in Resettlement Conference** in Sydney, Australia, 29-31 March 2017, Sydney, Australia, will explore the complementary role and challenges of specialist torture and trauma agencies, health services, settlement services, English and employment programs, education institutions, the community sector and policy makers, in promoting trauma recovery and successful cultural transition and integration in the context of high income Western countries.



FACING THE CHALLENGES

Innovative individual and community based refugee trauma recovery interventions will be showcased by presenters from around Australia, New Zealand and the world, in plenary and 7 themed oral paper presentation sessions, and 10 pre-conference workshops. The unique conference format will also give delegates the opportunity to discuss important issues with expert panels in 7 themed round table discussions focused around key topics of interest, and hear from people from refugee backgrounds who have rebuilt their lives in a resettlement country. The conference will conclude with a plenary panel of star national and international experts.



THANK YOU

Thank you to all of the keynote speakers, oral and poster presenters, panellists, chairs and moderators for sharing your expertise and passion. Thank you to the conference organising team at STARTTS, the FASSTT steering committee, the abstract reviewers and everyone else who contributed to making this conference happen. Thank you to our sponsors and supporters for their generous support of the conference. And finally we'd like to thank our clients who continually inspire us with their courage and resilience.

We pay our respect and acknowledge Aboriginal people as the traditional owners of this land which we live and work on

HOST



This is a conference of FASSTT - the Forum of Australian Services for Survivors of Torture and Trauma. FASSTT is a network of Australia's eight specialist rehabilitation agencies that provide psychological treatment and support, and community interventions, to help people and communities heal the scars of torture and refugee trauma and rebuild their lives in Australia.

www.fasstt.org.au



Association for Services to Torture and Trauma Survivors (ASeTTS), WA
www.asetts.org.au



Companion House, ACT
www.companionhouse.org.au



Melaleuca Refugee Centre, NT
www.melaleuca.org.au



Phoenix Centre, TAS
www.mrchobart.org.au/phoenix-centre



Queensland Program of Assistance to Survivors of Torture and Trauma (QPASTT), QLD
www.qpastt.org.au



Survivors of Torture and Trauma Assistance and Rehabilitation Service (STTARS), SA
www.sttars.org.au



NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW
www.startts.org.au



Foundation House

The Victorian Foundation for Survivors of Torture Inc.

Victorian Foundation for Survivors of Torture (VFST), VIC
www.foundationhouse.org.au

OTHER KEY PARTNERS



Overseas Services to Survivors of Torture and Trauma (OSSTT), Nauru and Manis Island, PNG
www.osstt.org.au



Refugees as Survivors New Zealand (RASNZ), Auckland, NZ
www.aucklandrasnz.org.nz



Refugee Trauma Recovery, Wellington, New Zealand
www.refugeetraumarecovery.org.nz

MEDIA SUPPORTER



SPONSORS

FASSTT and partners are grateful for the generous financial support provided by the conference sponsors that appear below, and others that chose to remain anonymous or became sponsors after the finalisation of the program. Sponsorships were used to fund the attendance of refugee community leaders and community sector organisations, and the conference logistics.

Gold Sponsors



Silver Sponsors



Bronze Sponsors



PROGRAM: DAY ONE

WEDNESDAY, 29 MARCH 2017

8.00am-9.00am
Foyer

Registration

Complimentary tea and coffee on arrival

Concurrent sessions - Workshops (morning)

9.00am-12.30pm
Workshop 1A
Pacific room

Developing culturally appropriate early childhood services with refugee communities

Rosemary Signorelli, Senior Early Childhood Counsellor
NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

9.00am-12.30pm
Workshop 2A
Lyceum room

The internalisation of trauma: How trauma manifests and is worked through symbolically in the psyche

Lois Whiteman, Clinical Services Manager
Queensland Program of Assistance to Survivors of Torture and Trauma (QPASTT), QLD

9.30am-4.30pm
Workshop 3
Greaterex room

Biofeedback as a tool for self-regulation

Sejla Murdoch, Neurofeedback Counsellor/Psychologist
Mirjana Askovic, Team Leader/Neurofeedback Counsellor/Psychologist
NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

9.00am-12.30pm
Workshop 4A
Pollard room

Delivering evidence-based parenting interventions to exceptional populations: Ideas for bridging the gap

Margaret Weston, Family Services Coordinator
Fahima Saeid, Advocate Counsellor and Family Services Coordinator
Refugees as Survivors New Zealand (RASNZ), Auckland, NZ

9.00am-12.30pm
Workshop 5A
Pendlebury room

School's In for Refugees

Samantha McGuffie, Schools Support Program Coordinator
Maureen O'Keefe, Senior Professional Learning Officer
Victorian Foundation for Survivors of Torture (VFST), VIC

9.00am-12.30pm
Workshop 6A
Green room

Building resilience through community engagement

Dr Alison Strang, Research Fellow and Psychologist
Queen Margaret University, Edinburgh UK

Concurrent sessions - Workshops (afternoon)

1.30pm-5.00pm
Workshop 1B
Green room

Introduction to the clinical use of brain mapping and neurofeedback with torture and trauma survivors

Trix Harvey, Neurofeedback Team Leader
NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

1.30pm-5.00pm
Workshop 2B
Lyceum room

Using art and other expressive therapies in refugee trauma recovery - An experiential workshop

Farah Suleman, Coordinator Asylum Seeker Support Team
Elise McKenzie, Counsellor/Advocate, Asylum Seeker Support Team
Queensland Program of Assistance to Survivors of Torture and Trauma (QPASTT), QLD

1.30pm-5.00pm
Workshop 4B
Pacific room

Community led development and refugee background communities

Susan Elliot, Long-term Refugee Practitioner, Former Lecturer
Unitec Institute of Technology, Auckland NZ

1.00pm-3.00pm
Presentation 6B
Pendlebury room

Building A New Life in Australia (BLNA) Study (free 2 hour presentation)

Deborah Kikkawa, Research Officer
National Centre for Longitudinal Data, Department of Social Services, ACT

Social event

6.00-8.00pm
Conference opening networking drinks
Arthouse Hotel

Free networking event with canapés, wine and music
Welcome by Jorge Aroche, CEO, STARTTS NSW
MC: Priscilla Bul, Australian National University, South Sudanese Community

A few words by:

- Carmen Lazar, Centre Manager, Assyrian Australian Association - Assyrian Resource Centre, NSW
 - Professor Derrick Silove AM, Foundation University of New South Wales Professor of Psychiatry, Liverpool Hospital, NSW
 - Victor Madrigal-Borloz, Secretary-General, International Council for the Rehabilitation of Torture Victims (IRCT), Denmark
 - Paris Aristotle AM, CEO Victorian Foundation for Survivors of Torture (VFST), VIC
- Arthouse Hotel, Graffiti Restaurant, 1st floor, 275 Pitt St Sydney

PROGRAM: DAY TWO
THURSDAY, 30 MARCH 2017

8.00am-9.00am
Foyer

Registration
Complimentary tea and coffee on arrival

9.00-10.30am
Plenary 1
Wesley theatre

International, regional and national perspective on refugee trauma recovery and resettlement

Welcome by Jorge Aroche, CEO STARTTS, NSW
Keynote speakers:

- Suzanne Jabbour, Director, Restart Center for Victims of Violence and Torture, Lebanon
- Professor Derrick Silove AM, Foundation University of New South Wales Professor of Psychiatry, Liverpool Hospital, NSW
- Paris Aristotle AM, CEO Victorian Foundation for Survivors of Torture (VFST), VIC

MC: Victor Madrigal-Borloz, Secretary-General, International Council for the Rehabilitation of Torture Victims (IRCT), Denmark

10.30-11.00am
Foyer
Smith room

Morning tea - complimentary

Concurrent sessions – Oral paper presentations

11.00am-12.30pm
A1. Neuroscience
Green room

Chair: April Pearman, ASeTTS, WA

11.00-11.20am
Building an evidence based practice: Use of brain imaging in clinical assessment and evaluation of treatment outcomes
Mirjana Askovic, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

11.20-11.40am
Event-related potential in trauma-affected refugees
Dr Jessica Carlsson, Competence Centre for Transcultural Psychiatry, Denmark

11.40am-12.00pm
The impact of torture of the fear processing in the brain
Dr Belinda Liddell, UNSW Australia/Refugee Trauma and Recovery Program, NSW

12.00-12.20pm
The use of neurofeedback as a clinical intervention for refugee children and adolescents
Trix Harvey, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

11.00am-12.30pm
A2. Clinical – Children and Young People
Lyceum room

Chair: Nooria Mehraby, STARTTS, NSW

11.00-11.20am
Supporting children’s recovery from refugee trauma: Systemic and holistic work with children, families and schools
Dr Esme Dark, Victorian Foundation for Survivors of Torture and Trauma (VFST), VIC

11.20-11.40am
Giving yourself a “brain freeze”- reducing self-harming behaviour in refugee children and young people with complex trauma presentations
Sarah Kristensen, Queensland Program of Assistance to Survivors of Torture and Trauma (QPASTT), QLD

11.40am-12.00pm
Strengthening cultural relationships and improving emotional regulation through drumming
Mehak Khandeparkar, Survivors of Torture and Trauma Assistance and Rehabilitation Service (STTARS, Adelaide), SA

12.00-12.20pm
Sandplay Therapy with Young Refugees
Chiara Ridolfi, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

11.00am-12.30pm
A3. Clinical Assessment and Screening
Pacific room

Chair: Gordana Hol-Radicic, STARTTS NSW

11.00-11.20am
A screening tool for identifying mental disorders in asylum-seekers and new refugees: The STAR-MH
Dr Debbie Hocking, Cabrini Institute, VIC

11.20-11.40am
Adversity and resilience amongst resettling Western Australian paediatric refugees
Dr Gemma Hanes, Princess Margaret Hospital for Children, WA

11.40am-12.00pm
Development and validation of a computerised self-report assessment platform at STARTTS
Jorge Aroche, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

12.00-12.20pm
The use of TOVA test in the clinical practice with refugee children
Sejla Murdoch, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

Concurrent sessions – Oral paper presentations

11.00am-12.30pm
A4. Asylum Seekers
Wesley theatre

Chair: Ann Hood, RASNZ, Auckland

11.00-11.20am
Attachment-based group work for asylum seeker parents: the role of Torture and Trauma Services

Helen McDonald, Queensland Program of Assistance to Survivors of Torture and Trauma (QPASTT), QLD

11.20-11.40am
Making meaning through storytelling: Working with asylum seekers in South Australia

Teresa Puvimanasinghe, Survivors of Torture and Trauma Assistance and Rehabilitation Service (STTARS, Adelaide), SA

11.40am-12.00pm
Uncharted waters: assisting asylum seekers in the era of sovereign borders

Dr Ida Kaplan, Victorian Foundation for Survivors of Torture (VFST), VIC

12.00-12.20pm
Complex Trauma, dissociation, delusion: Presentation of symptoms of an asylum seeker and role of a psychologist in clarifying it with the legal system

Frozan Esmati, Refugees As Survivors New Zealand (RASNZ), Auckland

11.00am-12.30pm
A5. Education and Employment
Pendlebury room

Chair: Paula Peterson, FASSTT, Australia

11.00-11.20am
Working therapeutically in an educational and employment setting – using a holistic inter-services approach

Letitia Casagrande, Queensland Program of Assistance to Survivors of Torture and Trauma (QPASTT), QLD

11.20-11.40am
Ucan2 – an integrated approach to supporting recovery from trauma and resettlement

Gillian Kerr, Victorian Foundation for Survivors of Torture and Trauma (VFST), VIC

11.40am-12.00pm
Putting the HeART in Language Learning
Anne Ooms, TAFE Queensland, QLD

11.00am-12.30pm
A6. Community Interventions
Pollard room

Chair: Elise Barton, QPASTT, QLD

11.00-11.20am
Performing for healing or healing for performance - Mapping the seemingly competing intersectionality of healing practices and community development involving the arts with performance outcomes in relation to the rigours of theatre performance

Jiva Parthipan, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

11.20-11.40am
Women's story-telling in The Third Space: A means for empowerment and a model for practice

Dr Paula Abood, The Third Space, NSW

11.40am-12.00pm
Iraqi youth dance project

Lina Ishu, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

12.00-12.20pm
Meaningful being: The experiences of young South Sudanese Australians
Dr Susannah Tipping, Victorian Foundation for Survivors of Torture (VFST), VIC

11.00am-12.30pm
A7. Service Delivery
Greaterex room

Chair: Susan Maddrell, STARTTS, NSW

11.00-11.20am
A memoir of making a Complex Care Clinic with refugee families in mind
Dr Anita Datta, Liverpool-Fairfield CAMHS, NSW

11.20-11.40am
Toward an integrated service system for refugee and asylum seeker mental health
Tanya Sofra, HealthWest Partnership, VIC

11.40am-12.00pm
Resettlement experiences and support needs of people living with disabilities from refugee backgrounds
Assunta Hunter, Victorian Foundation for Survivors of Torture (VFST), VIC

12.00-12.20pm
The impacts of adversity: Understanding the complex social and psychological reasons for asylum seekers and refugees attendance at primary health care services
Dr Christine Phillips, Companion House and Australian National University, ACT

PROGRAM: DAY TWO
THURSDAY, 30 MARCH 2017

12.30pm-1.30pm

Break

Concurrent sessions – Expert panel discussions

1.30-2.30pm

Panel 1: Resettlement

Greaterex room

Panel 1: What makes for a successful resettlement program?

Moderator: Victor Madrigal-Borloz, Secretary-General IRCT, Denmark

Panellists:

- Paris Aristotle AM, CEO, Victorian Foundation for Survivors of Torture (VFST), VIC
- Abdullah Alikhil, Afghan Pashtun Community, Executive Producer, SBS Radio Pashto Program
- Violet Roumeliotis, CEO, Settlement Services International, NSW
- Jamila Padhee, Deputy CEO, MDA QLD, QLD
- Mary Willems, Coordinator, Anglicare, NT

1.30-2.30pm

Panel 2: Asylum seekers

Green room

Panel 2: What happens when people are unable to resettle? Challenges of supporting asylum seekers and TPV holders

Moderator: Professor Zachary Steel, St John of God Professorial Chair of Trauma and Mental Health, NSW

Panellists:

- Joseph Szwarc, Manager Research and Policy Program, Victorian Foundation for Survivors of Torture (VFST), VIC
- Bernadette McGrath, CEO, Overseas Service for Survivors of Torture and Trauma, Nauru and Manus Island
- Thomas Albrecht, Regional Representative Canberra, United Nations High Commissioner for Refugees, Asia Pacific
- Shukufa Tahiri, Afghan Hazara Community, Policy Assistant, Refugee Council of Australia, Refugee Communities Advocacy Network
- David Manne, Human Rights Lawyer, Executive Director, Refugee Legal, VIC

1.30-2.30pm

Panel 3: Clinical treatment and research

Wesley theatre

Panel 3: Advances in refugee trauma interventions and research: Where to from here?

Moderator: Dr Stuart Turner, Psychiatrist, Trauma Clinic UK

Panellists:

- Mariano Coello, Clinical and Research Coordinator, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW
- April Pearman, Clinical Development and Research Manager, Association for Services to Torture and Trauma Survivors (ASeTTS), WA
- Dr Fatin Shabbar, Research and Teaching Academic, University of South Australia, SA
- Professor Richard Bryant, Director Traumatic Stress Clinic, Westmead Millennium Institute, NSW

- Dr Andrea Northwood, Director Client Services, Center for Victims of Torture (CVT), USA
- Dr Jessica Carlsson, Head of Research, Transcultural Competence Centre for Psychiatry, Denmark

1.30-2.30pm

Panel 4: Refugee communities

Pollard room

Panel 4: Relationships and trauma recovery: How to best work with and assist refugee communities to build social capital?

Moderator: Susan Elliot, Refugee Practitioner and Lecturer, New Zealand

Panellists:

- Jasmina Bajraktarevic Hayward, Community Services Coordinator, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW
- Fernanda Torresi, Queensland Program of Assistance to Survivors of Torture and Trauma (QPASTT), QLD
- Esta Paschalides, Government and Manager Relations Manager, Settlement Services International, NSW
- Om Dhungel, Association of Bhutanese in Australia
- Representative from the NSW Police

1.30-2.30pm

Panel 5: Health and mental health services

Lyceum room

Panel 5: How can health, mental health and refugee trauma services best work together to assist individuals and families with complex needs?

Moderator: A/Prof Roger Gurr, Former Director of Mental Health, Western Sydney Area Health Service, Clinical Director Headspace Youth Early Psychosis Program, NSW

Panellists:

- Dr Ida Kaplan, Direct Services Manager, Victorian Foundation for Survivors of Torture (VFST), VIC
- Dr Christine Phillips, Medical Director, Companion House, ACT
- Dr Mitchell Smith, NSW Refugee Health Service, NSW
- Raphael Manirakiza, Burundian Community, Clinical Psychologist, NSW
- Representative of a mental health service

1.30-2.30pm

Panel 6: Schools and childhood attachment

Pacific room

Panel 6: Children and the school environment: How do we ensure interventions are trauma and attachment informed?

Moderator: Elisabeth Pickering, School Counsellor, NSW Department of Education, NSW

Panellists:

- Samantha McGuffie, Coordinator Schools Support Program, Victorian Foundation for Survivors of Torture (VFST), VIC
- Naomi Brown, Children's and Youth Coordinator, Queensland Program of Assistance to Survivors of Torture and Trauma (QPASTT), QLD
- Mikhail Kallon, Sierra Leonean Community, School Learning Support Officer, NSW Department of Education, NSW
- Kim De Deckker, School Counsellor/Psychologist, Refugee Student Support Team, NSW Department of Education, NSW
- Stephen Said, Head of Student Wellbeing and Pastoral Care, Sydney Catholic Schools, NSW

PROGRAM: DAY TWO
THURSDAY, 30 MARCH 2017

1.30-2.30pm
Panel 7: English acquisition, employment and neuroscience
Pendlebury room

Panel 7: English acquisition and employment: How does knowledge of the impact of trauma on the brain inform service delivery?

Moderator: Jorge Aroche, CEO, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

Panellists:

- Sejla Murdoch, Neurofeedback Counsellor, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW
- Reverend John Jegasothy, Tamil Community, Vaucluse and Tamil Uniting Church, NSW
- Belinda Liddell, Neuroimaging Program Director, Refugee Trauma and Recovery Program, University of NSW, NSW
- Felix Ryan, Director, Training for Change, NSW
- Navitas NSW representative

2.30-3.30pm
Smith room

Poster presentations - Exhibition Hall

3.00-3.30pm
Foyer
Smith room

Afternoon tea - complimentary

3.30-5.00pm
Plenary 2
Wesley theatre

Clinical perspectives on refugee trauma recovery and resettlement

Keynote speakers:

- Jorge Aroche, CEO NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW
- Dr Angela Nickerson, Senior Lecturer and Director Masters of Psychology (Clinical) Program, University of NSW, NSW
- Dr Stuart Turner, Psychiatrist, Trauma Clinic London UK

MC: Professor Zachary Steel, St John of God Professorial Chair of Mental Health, School of Psychiatry, University of NSW, NSW

Social event

7.00pm-12.00am
Conference dinner
The Dockside

Conference dinner and party

The Dockside, Cockle Bay Wharf, Darling Harbour

MC: Priscilla Bul, Australian National University, South Sudanese Community

Speeches:

- Peter Shergold AC, Chancellor, Western Sydney University, NSW Coordinator-General for Refugee Resettlement on behalf of the NSW Premier
- Associate Professor Munjed Al-Muderis, Orthopaedic Surgeon, Former Asylum Seeker from Iraq, Author and Human Rights Activist

Entertainment:

- Afrodisiaq - Afrikan drumming, dancing and acrobatic troupe
- Divine Danse Orientale - Traditional Iraqi and Syrian dancing
- Faith Band featuring Albert Yonan - Exciting Arabic beats
- Los Pibes Band - Gypsy Ruma Stylings
- DJ Don Bear - to keep you dancing until the lights come on!

PROGRAM: DAY THREE
FRIDAY, 31 MARCH 2017

8.00-9.00am
Foyer

Registration
Complimentary tea and coffee on arrival

9.00-10.30am
Plenary 3
Wesley theatre

Community perspectives on refugee trauma recovery and resettlement

Keynote speakers:

- Tracy Worrall, Chief Executive, Queensland Program of Assistance to Survivors of Torture and Trauma (QPASTT), QLD
- Susan Elliot, Refugee Practitioner and Lecturer, New Zealand
- Dr Alison Strang, Research Fellow and Psychologist, Queen Margaret University, Edinburgh, Scotland, UK

MC: Honorary Adjunct Associate Professor Eileen Pittaway, University of NSW

10.30-11.00am
Foyer
Smith room

Morning tea - complimentary

Concurrent sessions - Oral paper presentations

11.00am-12.30pm
B1. Post traumatic stress
Wesley theatre

Chair: Anne O'Connor, VFST, VIC

11.00-11.20am
The effects of torture controllability on symptom severity of posttraumatic stress disorder, depression and anger in refugees and asylum seekers: A path analysis
Lillian Le, University of New South Wales, NSW

11.20-11.40am
Predictors of positive treatment outcomes for trauma-affected refugees - results from two randomised trials
Dr Charlotte Sonne, Competence Centre for Transcultural Psychiatry, Denmark

11.40am-12.00pm
Applications of EMDR and EEG in treatment of clients suffering from PTSD
Gordana Hol-Radicic, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

12.00-12.20pm
Moral injury appraisals in traumatised refugees
Joel Colbourne-Hoffman, Refugee Trauma Recovery Program, University of NSW, NSW

11.00am-12.30pm
B2. Expressive therapies
Lyceum room

Chair: Robyn Smythe, STTARS, SA

11.00-11.20am
'Tekoon bede': Cross cultural applications of expressive therapies with families from Iran
Chanelle Burns, Victorian Foundation for Survivors of Torture (VFST), VIC

11.20-11.40am
Developing an on-line intervention targeting mental health stigma in refugee men
Dr Yulisha Byrow, University of New South Wales, NSW

11.40am-12.00pm
Treehouse Theatre Projects: The magic of performance in youth trauma recovery
Catherine Maguire-Donvito, NSW Department of Education, NSW

12.00-12.20pm
Building a renewed sense of purpose and agency after trauma
Viviana Rodriguez Carreon, University of Sydney, NSW

11.00am-12.30pm
B3. Early childhood
Greaterex room

Chair: Assunta Hunter, VFST, VIC

11.00-11.20am
Facilitating participation in quality early childhood programs for families from refugee backgrounds
Cherie Lamb, University of New England, QLD

11.20-11.40am
The Early Years - supporting families with young children
Donna Chesters, Victorian Foundation for Survivors of Torture (VFST), VIC

11.40am-12.00pm
Complexities, challenges and joys of early childhood work with refugee families
Rosemary Signorelli, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

12.00-12.20pm
The use of the neuromodulation techniques in treatment of preschool age children from refugee like backgrounds
Sejla Murdoch, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

Concurrent sessions – Oral paper presentations

11.00am-12.30pm
B4. Asylum seekers
Green room

Chair: Michael Lloyd van Koesveld, ASeTTS, WA

11.00-11.20am

A psychological and human rights audit of asylum policy – can harm be avoided?

Guy Coffey, Victorian Foundation for Survivors of Torture (VFST), VIC

11.20-11.40am

Keeping hope alive: Torture and trauma counselling on Nauru and Manus Island

Bernadette McGrath, Overseas Services to Survivors of Torture and Trauma (OSSTT), Nauru and Manus Island

11.40am-12.00pm

The impact of visa insecurity on refugee mental health

Dr Elizabeth Newnham, University of Western Australia, WA

12.00-12.20pm

Deciphering despair: An examination of factors associated with self-harm among asylum seekers in Australian immigration detention

Kyli Hedrick, University of Melbourne, VIC

11.00am-12.30pm
B5. Schools and young people
Pacific room

Chair: Glenn Flanagan, Companion House, ACT

11.00-11.20am

VFST schools support program 2007 - 2017

Samantha McGuffie, Victorian Foundation for Survivors of Torture and Trauma (VFST), VIC

11.20-11.40am

Collaboration in Canberra: FASSTT's Companion House and Dickson College's Refugee Bridging Program working together with students from refugee and asylum seeker backgrounds

Deborah Nelson, Companion House Assisting Survivors of Torture and Trauma, ACT

11.40am-12.00pm

STARS for settlement and learning

Jane Wallace, NSW Department of Education, NSW

12.00-12.20pm

From roots to leaves - Tree of Life - Camp experience

Lina Ishu, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

11.00am-12.30pm
B6. Community interventions
Pollard room

Chair: Gillian Long, Phoenix Centre, TAS

11.00-11.20am

Empowering refugee community leaders from emerging communities: ASeTTS Community Leadership Development Project

Tharanga De Silva, Association for Services to Torture and Trauma Survivors (ASeTTS), WA

11.20-11.40am

Sporting Linx - Linking leadership potential

Mark Davis, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

11.40am-12.00pm

Community-based psychosocial interventions for refugees living in Australia

Dr Wendy Lambourne, Department of Peace and Conflict Studies, University of Sydney, NSW

12.00-12.20pm

Sharing some of the good things from the past: Lessons from developing an African communities fun day with African community leaders in a rural town

Jeanette Ninnis, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

11.00am-12.30pm
B7. Service delivery
Pendlebury room

Chair: Lachlan Murdoch, STARTTS NSW

11.00-11.20am

From little things big things grow: Towards a framework for sector reform to support people from refugee backgrounds in their recovery

Sue Casey, Victorian Foundation for Survivors of Torture (VFST), VIC

11.20-11.40am

“Damaged” and “Difficult”: Deconstructing the disempowering discourses that dominate refugee resettlement

Marieke Jasperse, University of Otago, Wellington, NZ

11.40am-12.00pm

Talking about health and experiences of using health services with people from refugee backgrounds

Lauren Tyrrell, Victorian Refugee Health Network, Victorian Foundation for Survivors of Torture (VFST), VIC

12.00-12.20pm

Engaging and supporting general practice in refugee health

Samantha Furneaux, Victorian Refugee Health Network, Victorian Foundation for Survivors of Torture (VFST), VIC

PROGRAM: DAY THREE
FRIDAY, 31 MARCH 2017

Concurrent sessions – Oral paper presentations

12.30-1.30pm Break

1.30-3.00pm
C1. Supporting clinicians and others
Pendlebury room

Chair: Andrea Breen, Phoenix Centre, TAS

1.30-1.50pm
The role of the clinical supervisor in managing vicarious trauma and fostering vicarious post traumatic growth
Stephanie Long, Queensland Program of Assistance to Survivors of Torture and Trauma (QPASTT), QLD

1.50-2.10pm
Reflective practice approach to supporting professionals and organisations who are working with people from refugee backgrounds
Conrad Aiken, Victorian Foundation for Survivors of Torture (VFST), VIC

2.10-2.30pm
Clinical Supervision: Managing Unbearable Projections
Rise Becker, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

1.30-3.00pm
C2. Trauma and the body
Green room

Chair: Ana Maria Alimant Holas, STTARS, SA

1.30-1.50pm
Physiotherapy to heal the pain of trauma stuck in the body
Veena O'Sullivan, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

1.50-2.10pm
Yoga for refugees healing from torture and trauma: A mixed methods evaluation
Danielle Begg, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS) and The Vasudhara Foundation, NSW

2.10-2.30pm
"In Shape – A lifestyle modification program"
Rocio Martinez, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

2.30-2.50pm
Reconnections- Chronic pain group
Matthew Seabrook, Survivors of Torture and Trauma Assistance and Rehabilitation Service (STTARS, Adelaide), SA

1.30-3.00pm
C3. Clinical treatment approaches
Lyceum room

Chair: Bernadette McGrath, OSSTT, Nauru and Manus Island

1.30-1.50pm
Responding to refugee trauma: Explorations in narrative practices with people from refugee and asylum seeking backgrounds
Chanelle Burns, Victorian Foundation for Survivors of Torture (VFST)

1.50-2.10pm
Results from three consecutive randomised trials on the treatment effect among trauma-affected refugees: -What have we learnt and where should we go from here?
Dr Jessica Carlsson, Competence Centre for Transcultural Psychiatry, Denmark

2.10-2.30pm
Cross cultural assessment and treatment of psychological trauma and PTSD: Western conceptualisations and eastern experiences
Neeraja Sanmuanathan, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

2.30-2.50pm
Breaking the silence through MANTRA: Empowering MAN survivors of Torture and Rape
Pearl Fernandes, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

1.30-3.00pm
C4. Families
Wesley theatre

Chair: Lisa Johnson, STTARS, SA

1.30-1.50pm
Countering parent blame with mothers from refugee backgrounds: The impact of parent-blaming discourses on parents and children settling in Australia
Emma Preece Boyd, Victorian Foundation for Survivors of Torture (VFST), VIC

1.50-2.10pm
Mainstreaming mental health into the Families in Cultural Transition Program
Susan Cunningham, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

2.10-2.30pm
Refugee families taking strides with practical case management support and sensitive trauma informed approaches
Gail Westcott, Settlement Services International, NSW

2.30-2.50pm
Reification, silence and contradiction in Tamil refugee families: How parents and children approach past loss and trauma
Dr Lux Ratnamohan, Psychiatry Research and Teaching Unit, Liverpool Hospital, NSW

PROGRAM: DAY THREE

FRIDAY, 31 MARCH 2017

1.30-3.00pm

C5. Schools and young people

Pacific room

Chair: Shaun Nemorin, STARTTS, NSW

1.30-1.50pm

Beginning school well

Sue Pigott, NSW Department of Education, NSW

1.50-2.10pm

Supporting high school students from refugee backgrounds transition to higher education: LEAP-Macquarie Mentoring (Refugee Mentoring)

Ruth Tregale, Macquarie University, NSW

2.10-2.30pm

Schools and families in partnership

Maureen O'Keefe, Victorian Foundation for Survivors of Torture (VFST), VIC

2.30-2.50pm

Resilience through a cultural activity on the road to wellbeing: Project Bantu - A group approach

George Pearson, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

1.30-3.00pm

C6. Community interventions

Pollard room

Chair: Tracy Worrall, QPASTT, QLD

1.30-1.50pm

From xenophobic community to learning community: Creating safety and local solutions for torture survivors in a rural Minnesota context

Dr Andrea Northwood, Center for Victims of Torture (CVT), USA

1.50-2.10pm

How does community, friendship and trust have a role to play in getting people the support they need?

Megs Lamb, Multicultural Communities Council of SA

2.10-2.30pm

Refugee Communities Advocacy Network: Our lives, our voices, our decisions

Shukufa Tahiri, Refugee Council of Australia, Refugee Communities Advocacy Network

2.30-2.50pm

Operationalising an asset based community development approach: A case study of the 2016 Liberian Annual Cultural and Independence Anniversary Celebration

Mohamed Dukuly, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

1.30-3.00pm

C7. Service delivery

Greaterex room

Chair: Megan Leitz, QPASTT, QLD

1.30-1.50pm

Securing our sector: Embedding outcomes evaluation centre wide

April Pearman, Association for Services to Torture and Trauma Survivors (ASeTTS), WA

1.50-2.10pm

Obtaining informed consent in evaluating trauma and recovery and settlement services

Atem Atem, Australian National University, ACT

2.10-2.30pm

Clinical information systems: The gadget that turns data into evidence based decisions

Carlena Tu, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

2.30-2.50pm

The Treatment and Research Integrated Model, TRIM - How make the most of your clinical data in a refugee health setting

Dr Charlotte Sonne, Competence Centre for Transcultural Psychiatry, Denmark

3.00-3.30pm

Foyer
Smith room

Afternoon tea - complimentary

3.30-5.00pm

Plenary 4

Wesley theatre

Moderator: Victor Madrigal-Borloz, Secretary-General, International Council for the Rehabilitation of Torture Victims (IRCT), Denmark

Special guest panellists:

- Jorge Aroche, CEO NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW
- Paris Aristotle AM, CEO Victorian Foundation for Survivors of Torture (VFST), VIC
- Dr Alison Strang, Research Fellow and Psychologist, Queen Margaret University, Edinburgh, Scotland, UK
- Dr Stuart Turner, Psychiatrist, Trauma Clinic, London UK
- Dr Andrea Northwood, Director Client Services, Center for Victims of Torture USA
- Suzanne Jabbour, Director, Restart Center for Victims of Violence and Torture, Lebanon

5.00pm

Close of conference

POSTER PRESENTATIONS

THURSDAY, 30 MARCH

2.30-3.30pm

Exhibition Hall
(Smith room)

A day of mental health practitioners in settlement and support services

Changiz Iranpour, Marist Youth Care, NSW

African companions: Addressing the impact of substance use in refugee communities

Alison Jaworski, Drug and Alcohol Multicultural Education Centre, NSW

Assessment of referrals to a tertiary refugee health service: Benefits of holistic review

Christine Rowcliffe, Princess Margaret Hospital, WA

Asylum seekers: The question of hospitality from a decolonial perspective, disrupting ideas of the nation and the national

Ana Maria Holas, Survivors of Torture and Trauma Assistance and Rehabilitation Service (STTARS, Adelaide), SA

Australian immigration detention: How should clinicians and professional bodies respond?

Ryan Essex, University of Sydney, NSW

Bridge to Justice: A trauma informed approach to legal assistance

Anne Mainsbridge, Friends of STARTTS, NSW

Capturing the skills and knowledge of children from asylum seeking and refugee backgrounds

Emma Preece Boyd, Victorian Foundation for Survivors of Torture (VFST), VIC

Chameleons at the gate - The integration experiences of young refugee women in Aotearoa New Zealand

Ana Sharpe, Refugees as Survivors New Zealand (RASNZ), NZ

Community support - A vital tool in educating young people of refugee origin. Short Film - Wings

Sarah King, Richmond Tweed Regional Library, NSW

Ethical dilemmas in a time of border control

April Pearman, Association of Service for Torture and Trauma Survivors (ASeTTS), WA

Evaluation of the effectiveness of neurofeedback in treating PTSD and associated cognitive deficits in traumatised adult refugees

Mirjana Askovic, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

Facilitating sustainable resettlement through enterprise facilitation

Ma Antonina Ortega, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

Facing the challenges of regulation problems in 0-5 year old's from refugee backgrounds

Naila Hassan, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

Hazara young people with refugee backgrounds in Australia: Psychological distress and help-seeking

Cathy Copolov, Swinburne University of Technology, VIC

Identification of health risk behaviours among adolescent refugees resettling in Western Australia

Dr Kajal Hirani, Princess Margaret Hospital for Children, WA

Integrated counselling and art therapy

Amanda Labron Johnson, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

Key elements of program development and service delivery for young people of refugee background at risk

Megan Leitz, Queensland Program of Assistance to Survivors of Torture and Trauma (QPASTT), QLD

Learning from the voices of Families in Cultural Transition (FICT) bicultural facilitators

Ma Antonina Ortega, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

Limited English can be more dangerous than none at all! A critical case analysis of adverse events for refugees when accessing the health system without an interpreter

Prof Christine Phillips, Companion House and Australian National University, ACT

Literacy: A human right - "ABC-ESL" = English language and literacy group

Megan Levy, Association of Service for Torture and Trauma Survivors (ASeTTS), WA

Mental health concerns and problems for age under 17 in an unaccompanied minors program

Ariana Kenny, Marist Youth Care, NSW

Moral injury

Megan Levy, Association of Service for Torture and Trauma Survivors (ASeTTS), WA

Process and case management in deal with the clients and collaboration with other service providers in various aspects

Mariham Basta, Marist Youth Care, NSW

POSTER PRESENTATIONS

THURSDAY, 30 MARCH

RAHATT- Supporting and empowering mature aged women from Iraq

Yvette Aiello, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

Reflections from the field: Drawing the context of Rohingya refugees and their education

Md Chowdhury, Auckland University of Technology (AUT), NZ

Refugee and asylum seeker children and families in Australian 'alternate' places of detention

Ryan Essex, University of Sydney, NSW

Responding to suicidality: Considerations for effective suicide risk management when working with asylum seekers

Dr Emma Boles, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

School's In for Refugees: A whole school approach to supporting students and families of refugee background (VFST 2011)

Maureen O'Keefe, Victorian Foundation for Survivors of Torture (VFST), VIC

Service efficacy: An evaluation of counselling for refugee survivors of torture and trauma

April Pearman, Association of Service for Torture and Trauma Survivors (ASeTTS), WA

STARTTS Capoeira Angola program evaluation

Dr Shakeh Momartin, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

STARTTS student's placement and student clinic

Lucrecia Cardona, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

Syrian colloquial Arabic idioms of emotion. An assessment and therapy tool to promote cultural formulation

Ruth Wells, University of Sydney, NSW

The experience of pain among asylum seekers and temporary visa holders attending STARTTS

Dr Shakeh Momartin, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

The experience of traumatic injustice - A systematic review and meta-narrative synthesis

Haleh Abedy, University of NSW, NSW

The journey to a healed mind

Shaheen Kohsar, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

The social work response to the discourse of 'othering' when working with asylum seekers

Shannon White, Deakin University, VIC

Use of EEG and neurofeedback in treating trauma related symptoms in refugees

Mirjana Askovic, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

What makes people vulnerable to developing Posttraumatic Stress Disorder? A study of the beliefs of resettled Iraqi and Afghan refugees

Dr Shameran Slewa-Younan, Mental Health, School of Medicine, Western Sydney University, NSW

Working effectively with asylum seekers on a negative pathway: Developing a best practice model

Dominica Dorning, NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS), NSW

Organiser



Nsw Service for the Treatment
and Rehabilitation of Torture
and Trauma Survivors

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